

SAY LANDS

# NEWSLETTER

January 2024 / Vol 04

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Are you ready for a sneak  
peak at Skowkales new small  
homes?

Look inside for more.



**SAY Health & Community Centre**

**7256 Chilliwack River Road, Chilliwack BC V2R-4L9**



**778-731-0776**



**[www.skowkalefn.com](http://www.skowkalefn.com) / [www.saylandsoffice.ca](http://www.saylandsoffice.ca)**

# EVENTS

## December Elders Gathering

December 11, 2023 S.A.Y invited and opened doors to host our elders for a holiday gathering. They shared a traditional holiday meal and enjoyed entertainment by dueling pianos.



## S.A.Y Youth Dinner

The S.A.Y youth were invited to a special evening just for them, December 15, 2023. Youth shared a meal and enjoyed an evening of activities and games.



## Skowkale Community Christmas

Skowkale hosted their annual community Christmas gathering on December 13, 2023.

We have received the photos back from Skowkale Community Christmas Gathering, the link can be found on Facebook, if you are not on Facebook, please email [kelsey.littler@skowkalefn.com](mailto:kelsey.littler@skowkalefn.com) to have link forwarded directly.

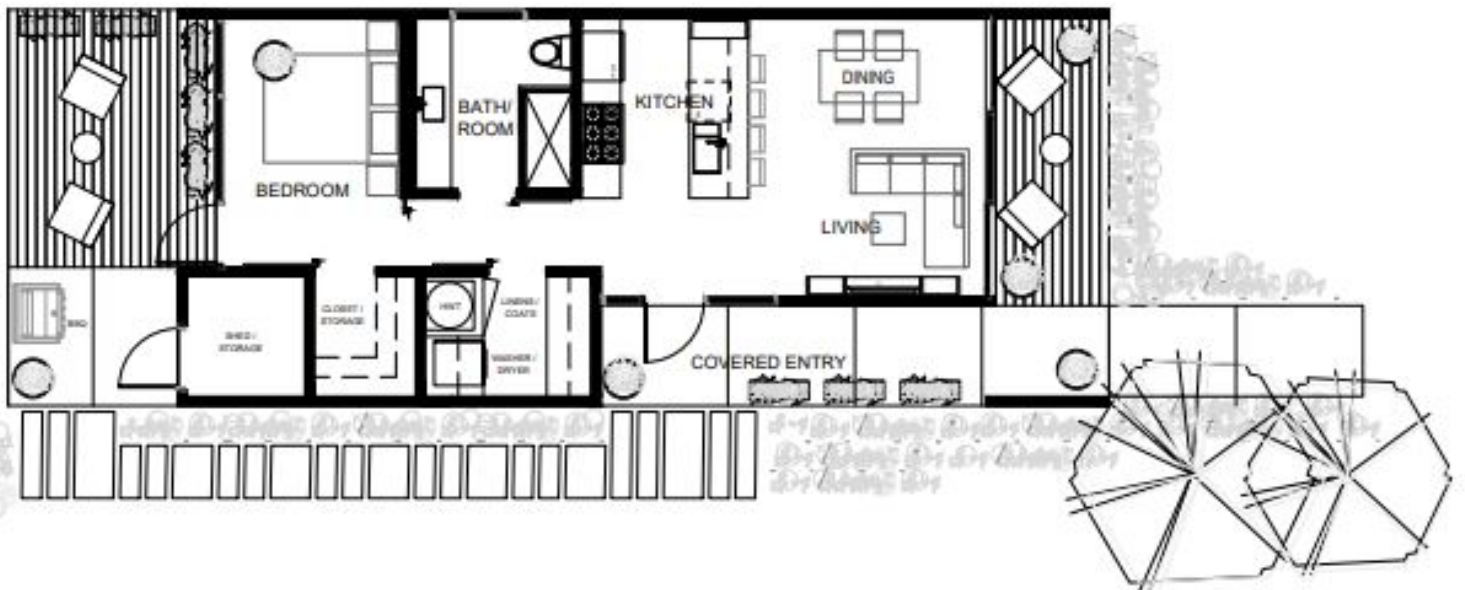


# SKOWKALE SMALL HOMES

Construction is underway for the 5 small homes in Skowkale. The application period has been extended through to January 19 at 4:00pm due to the office holiday closure.

Layout is attached, overall unit is 765 sq ft.

Check back for announcements of home tours.



# CURBSIDE COLLECTION PROGRAM

Please have your items curbside no later than 7:00 am on collection day

- Sq'ewqéyls Scheduled collection occurs Tuesday (Sq'ewqéyl Zone A) Thursday (Sq'ewqéyl Zone B) and 7:00 am and 5:00 pm.
- Our service provider is Emterra and our program mirrors the City of Chilliwack's
- If you do not receive collection by 5:00 PM, please notify Property Manager; Jesse Fraser.
- Households were provided with a starter set of bins, any additional bins can be purchased as needed by the household.
- Compostable Waste (food waste, food-soiled paper and yard waste) is collected weekly from Green Carts (120L)
  - In addition to your green cart, you can place up to 10 EXTRA yard waste bags or bundles per week.
  - Green Carts are registered to the address
- Recycling is collected weekly (unlimited containers, up to 121L ea)
  - The following items are not accepted: Blue Bags, soft stretchy plastic bags & overwrap, foam packaging, chip bags, Ziploc, Batteries, electronics, light bulbs, paint cans, other hazardous waste.
- Garbage is collected bi-weekly (Two Bags or up to two 121L containers every second week)
  - Extra Bag tags can be purchased by homeowners from Save-on-Foods as needed
- Glass is collected bi-weekly
  - Remember to rinse containers, remove lids & place in your grey bin

Suites/Rental units are not included as separate households unless the address is set-up separately & is member inhabited.

## REPORTING ANIMAL ALERT

Wild animals live here too. By respecting the land and keeping the outdoors clean, you can reduce the risk of an encounter.

- Only put your garbage out the morning of garbage day.
- Discard fish guts (away from homes).
- Clean your barbecue.

Please keep an eye on your children and do not walk alone! Clap loudly and make yourself big! Educating ourselves and keeping a clean community makes a difference! If you have any further concerns or feel threatened by wild animals, first report it to the Conservation Office at 1-877-952-7277

## HAWK COMMUNICATION APP

This is a mobile app designed to allow easy sharing of community information with members. Members and staff can download the app to their mobile device through the app store or google play store, request an account, log in after their account and membership has been approved by administration.

### QR CODES FOR QUICK DOWNLOAD

OF THE HAWK APP—hold your camera over the right QR CODE or your device and install the APP



APPLE DEVICE



GOOGLE PLAYSTORE

Instruction booklets available by email or pick up at SAY Lands reception.

## EMPLOYMENT OPPORUNITIES

[Youth Worker / Skowkale First Nation \\*Temporary Coverage\\*](#)

[Habitat Stewardship Coordinator / SAY Lands \\*Short Term Position - December - January\\*](#)

[Halq'eméylem Language & Heritage Preservationist / Skowkale First Nation](#)

[Community Law & Safety Enforcement Officer / SAY Lands](#)

[Early Childhood Educator -Infant Toddler/ Skowkale First Nation](#)



[www.skowkalefn.com](http://www.skowkalefn.com)  
[www.saylandsoffice.ca](http://www.saylandsoffice.ca)

## MEMBERSHIP ANNOUNCEMENT

Please join us in welcoming the below to Skowkale membership!

### Maddisyn Therise James-Gabriel

daughter of Tracy James

Birthday : NOVEMBER 03, 2009

### Harry Howie Antoine Wallace

son of Sabrina Bob.

Birthday : September 17, 2017

## LOOKING FOR MEMBERSHIP?

Check out Skowkalefn.com under the members login section for membership application form.

For more information, please connect with Skowkale records clerk; Shayla Malloway via

shayla.malloway@saylandsoffice.ca

/ 778-731-0776



## SKOWKALE MEMEBER BENEFITS

Please direct all applications and inquires to:  
**Sarah Ewen, Child and Family Advocate**



● Application Deadline(s) ● Payment Date(s)



Contact Information: Sarah Ewen  
sarah.ewen@skowkalefn.com, 604-991-8591

## SKOWKALE CHILDCARE CENTRE HEADSTART PROGRAM

### HEAD START PROGRAM

PARENT PARTICIPATION PROGRAM FOR CAREGIVERS WITH CHILDREN AGES 0-6 YEARS OLD. DAILY ACTIVITIES, CIRCLE TIME, OUTDOOR PLAY, & SNACK. OCCASSIONAL GUEST SPEAKERS, FIELD TRIPS, & MONTHLY FAMILY NIGHTS!

MONDAY-THURSDAY 9:30AM-11:30AM,  
SEPT-JUNE

### CHILDCARE SERVICES

INFANT TODDLER CARE, 3-5 YEAR OLD CARE, & OUT OF SCHOOL CARE (5-12 Y/O); WHICH OFFERS AFTER SCHOOL CARE & FULL DAY SPRING/SUMMER/PRO DAY CARE.



QUESTIONS:  
JEMMA.BOWEN@SKOWKALEFN.COM  
604-991-0307  
46337 SMOKEHOUSE RD

## DROP-IN SESSIONS

We now have a monthly drop in where our doors are open to answer your questions. Just stop by anytime between 9-3pm pm January 24th to ask questions, get assistance with forms, leave a message, or just have a look around. If you're looking to spend a few minutes with Stacy McNeil, our Executive Director come by between 1-2pm.

## ELDER CALL-OUT

We have had numerous Elders volunteering their time, from visiting the Child Care Center or driving kids for a field trip. Your time is valuable, but the impressions left behind for the children is treasured. We thank you so much! We have recently been approached by our School District to see if any Elders are interested in going into the school once or twice a month to volunteer. This can be one Elder or shared amongst many. This is a new initiative we hope to support so please contact Wanda Dartnell at [wanda.dartnell@skowkalefn.com](mailto:wanda.dartnell@skowkalefn.com) if you are interested.

## LOOKING FOR A PAST ISSUE OF THE NEWSLETTER?

All newsletter are shared via email monthly, and delivered to elder households. To access past issues of newsletter, check out [www.skowkalefn.com](http://www.skowkalefn.com) or [www.saylandsoffice.ca](http://www.saylandsoffice.ca).



## TOMIYEQW

### BOARD OF DIRECTORS

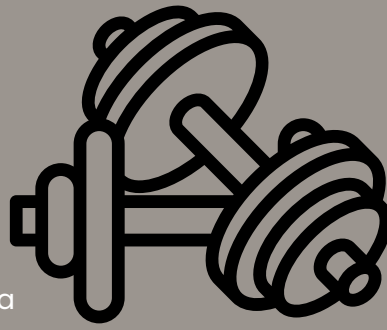
Are you interested in being a part of our BOARD OF DIRECTORS for Economic Development??

#### CONTACT

Michael Geoghegan at

michael.geoghegan@tomieqwdevcorp.ca

or 778-731-0776



## FITNESS CENTRE

Interested in using the fitness gym?

Contact S.A.Y recreation coordinator

Avana Halicki

avana.halicki@skowkalefn.com

Gym is available 24/7 with access card.

# S.A.Y Quarterly Open House

WEDNESDAY

JANUARY 24, 2024

3:00-7:00PM ; Drop-in Throughout

7256 Chilliwack River Road,  
Chilliwack BC V2R-4L9

## S.A.Y QUATERLY OPEN HOUSE

Mark your calendars and join us January 24, 2024 for the last quarter of the fiscal year. Open house style with more information to come on service providers attending!

Is there anything you would like to see?  
Service providers?  
Updates/Information?

Please contact Events Coordinator  
Kelsey Littler - kelsey.littler@skowkalefn.com

## REGIONAL HEALTH SURVEY

Skowkale will be participating in a voluntary nation-wide survey for First Nations people living on and off reserve. Questions will focus on health conditions/behaviors, wellness, housing, food, security, water quality and effects of Colonialism. Skowkale Chief and Council did provide the go ahead to participate in this survey however opted for our nation to randomly select its members and conduct the survey. This will ensure personal contact information will not be shared and only the survey result will be shared with FNHA. If you are selected to be apart of this survey, you will be contacted between Jan 15th-March 15th with results compiled and submitted by March 31, 2024. If you are contacted and agree to participate you will receive a \$25 gift card for your time. If you have any questions, please contact or email Wanda Dartnell at [wanda.dartnell@skowkalefn.com](mailto:wanda.dartnell@skowkalefn.com)



## REGIONAL HEALTH SURVEY (RHS4)

Sq'ewqeyl First Nation  
Jan 15- March 15, 2024

Receive a \$25  
gift card for  
participating

Ways to take  
the RHS4



ONLINE



OVER THE  
PHONE

### What is the RHS4?

The RHS is a voluntary nation-wide survey for First Nations people living on reserve and in Northern communities. It asks about health conditions/behaviours, wellness, housing, food security, water quality, effects of Colonialism, etc.

### Why take the RHS4?

The survey is important to gather data that will help in policy development and decision-making to improve the well-being of First Nations people. Your voice is important and we want to hear it

### More information :

[fnha.ca/health-surveys](https://fnha.ca/health-surveys)  
[RHS4@fnha.ca](mailto:RHS4@fnha.ca)  
(833) 633 - 3642

You will be contacted if you are selected to participate

# 2024 January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Holiday Office Closure	2	3 Indigenous Flow Youth Group 4:30-6:30pm	4 Family Swim 1:00-4:00pm Halq'emeylem Class & Family Food Traditions 5:30-7:30pm	5	6
7	8 IFG	9 Skowkale Member Benefit Application Deadline Cultural Programs Drum Painting 5:30-7:30pm	10 Indigenous Flow Youth Group 4:30-6:30pm	11 Halq'emeylem Class & Family Food Traditions 5:30-7:30pm	12	13
14	15 Indigenous Flow Youth Group 4:30-6:30pm	16 Cultural Programs Belt Making/ Leatherwork 5:30-7:30pm	17 Indigenous Flow Youth Group 4:30-6:30pm	18 Skowkale Member Benefit Application Payment Halq'emeylem Class & Belt Making/ Leatherwork 5:30-7:30pm	19	20
21	22 Indigenous Flow Youth Group 4:30-6:30pm	23 Skowkale Member Benefit Application Deadline Cultural Programs Plant Learning Lecture 5:30-7:30pm	24 Quarterly Open House 3:00-7:00pm	25 Halq'emeylem Class & Plant Learning Lecture 5:30-7:30pm Indigenous Flow Youth Group Harlem Globetrotters 4:30-6:30pm	26 Recreation Outing - Grouse Mountain 9:00-4:00pm	27
28	29 Indigenous Flow Youth Group 4:30-6:30pm	30 Cultural Programs Plant Learning Lecture 5:30-7:30pm	31 Indigenous Flow Youth Group 4:30-6:30pm	<b>Mondays &amp; Wednesday - Indigenous Flow Youth Group 4:30-6:30pm</b> <b>Tuesdays- Cultural Programs 5:30-7:30pm</b> <b>Thursdays - Halq'emeylem Class 5:30-7:30pm</b> <b>Tuesdays &amp; Thursdays - 'Sole Mates' Walking Club 4:30-6:00pm</b>		